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# FOR IMMEDIATE RELEASE

# WE: Men, Women, and the Decisive Formula for Winning at Work

By Rania H. Anderson Foreword by Dominic Barton Publisher: Wiley Publication Date: September 2018 Price: \$29.95 / hardcover ISBN: ISBN-13: 978-1119524694 Contact: Jane Wesman jane@wesmanpr.com 212-620-4080 x11 or Andrea J. Stein andrea@wesmanpr.com 212-620-4080 x15

"Rania Anderson's remarkably lucid book is a subtle gem . . .
When I read this slender volume, the truly equitable workplace seemed more of a possibility than ever, a vision within reach rather than an impossible dream."
Dominic Barton, Global Managing Partner, McKinsey & Company

"Engagement at the top has always been important, but this book shows us how to create engagement throughout an entire organization."\_-Curt Rice, PhD, Leader of Norway's Committee on Gender Balance and Diversity in Research

"Rania Anderson provides a compelling, well-timed roadmap for entrepreneurs to leverage the strengths of a gender diverse team, work effectively together, and produce better outcomes for everyone." –Wendy Guillies, president and CEO, Kauffman Foundation

#### WE: MEN, WOMEN, AND THE DECISIVE FORMULA FOR WINNING AT WORK By Rania Anderson Is The First Hands-On Manager's Guide to Recruit, Retain, And Advance High-Caliber Women In The Workplace

Much has been written about the need for and benefits of gender diversity in business. Mixed gender teams make better decisions, understand clients and the market better, and deliver higher results. "It's clear that the underutilized, but decisive formula for winning at work is equity, collaboration, and shared equal leadership between men and women," explains Rania Anderson in her new book, **WE: Men, Women, and the** 

**Decisive Formula for Winning at Work** (Wiley, September 2018), the first hands-on guide to recruit, retain, and advance high-caliber women.

President of The Way WoMen Work, Anderson is one of a handful of global experts dedicated to equipping male business leaders with the skills they need to intentionally

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advance women. In **WE: Men, Women, and the Decisive Formula for Winning at Work**, she presents an actionable blueprint to help men *improve their own results* by transforming the way they work with women and ultimately make gender parity a reality. "Most men want to support women at work," she explains. "But they tell me that they don't know how." Anderson's strategies can be implemented by any man – front-line manager to senior executive – who recognizes that being inclusive benefits everyone. Women managers will also be able to utilize Anderson's advice as well.

"Increasing gender diversity can help you with your own career or business aspirations and not lead to fewer opportunities for you or others," she maintains. "You don't have to wait for your organization to implement a program or change anything before you can take these actions. You merely have to decide to do so." The actions that Anderson recommends are based on her evidence-based WE 4.0 Framework – Eliminate,

Expand, Encourage, and Engage - and include:

**ELIMINATE.** Stop behaviors and workplace practices that negatively impact women. Anderson discusses how to eliminate gender-based wage gaps, and how to address – not tolerate – inapproprate comments, sexual harassment, or misconduct. She also shows how to adjust meetings and interactions to create a productive environment where both men and women want to work.

**EXPAND.** Interact with women in intentional and impactful ways. Anderson reveals how to increase the number of female candidates by expanding where and how you recruit women. She also discusses why being a sponsor and advocate, not just a mentor or a supportive colleague, is essential. In addition, she advises readers on ways to give women the same type of direct feedback and challenging assignments offered to men, so that everyone – including the business – can excel.

**ENCOURAGE.** Support and prompt women to take advantage of high-impact opportunities and achieve their full potential in order to improve results. Anderson advises readers to be mentors who offer sound advice and counsel. She says that it's important to recognize women's efforts as well their results. And warns not to take a woman's self-assessment at face value. Dig deeper to be sure she has not underrated herself.

**ENGAGE.** Actively participate or lead initiatives that support women and an inclusive workplace. Anderson advises managers to acknowledge and accomodate their teammates' life/family demands and be transparent about their own obligations. She also recommends that work-keeping tasks, like taking notes at a meeting, be equally distributed among the men and women on a team to make space for eveyone's ideas and innovation.

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The approach Anderson describes in **WE: Men, Women, and the Decisive Formula for Winning at Work** doesn't require money or a title. These actions are designed to help managers think strategically about their own talents along with the talents of women and to set everyone up for career and business growth. As Dominic Barton, Global Managing Partner, McKinsey & Company, writes in the book's Foreword this is "not about what *institutions* should do to become more inclusive and diverse. It is about what *you* can do to make your workplace more inclusive and diverse— and, in the process, more effective, more profitable, and more successful."

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## **ABOUT THE AUTHOR**

Rania H. Anderson is an international speaker, an executive coach, the founder of The Way WoMen Work, the cofounder of a women's angel investor network, and a committed mentor. Sought after by Fortune 100 companies, entrepreneurs and leaders for her practical advice and tangible insights, she transforms the way men and women work, lead and succeed together. Rania is also the author of **Undeterred: The Six Success Habits of Women in Emerging Economies**. To learn more, visit: www.TheWayWoMenWork.com.